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African Tribal Shaman Reveals Ancient Secret Formula For a Tea That Causes Safe Weight Loss

Liz Swann Miller, noted Naturopath and Nutritional Author, was lucky to be in the right place at the right time. Too bad it took an ugly snakebite to meet this African Shaman. He saved her life with his potion, and also gifted her the secret to increased wellbeing and rapid weight loss in the process.

Los Angeles, California, August 14, 2017. Liz Swann Miller, noted Naturopath and Nutritional Author, is always on the lookout for new discoveries in the world of health and nutrition so she can share them with her readers and clients. Liz likes to visit exotic places in search of little-known herbs and recipes that stimulate wellbeing. It was on one such trip to Africa that she got bitten by a rattlesnake. Imagine her surprise when she awoke to find herself in a thatched hut with a tribal Shaman tending to her! The strange music playing in the hut only added to her trepidation as she was handed a goblet of a red-colored potion to drink.



She decided to take a quick sip so as not to offend these gentle people who were trying to save her life. To her surprise, it tasted great, peeled away her exhaustion, and left her feeling relaxed and rejuvenated in just minutes! The only side effect - and a highly desirable one - was the dramatic energy boost and rapid [weight loss](#) she noticed after just a few days on the drink. Not drastic, unsustainable weight loss, but safe, effective, and sustainable body transformation. Liz also noticed that she did not have hunger pangs or other negative effects that come from dieting. This red liquid was miracle in a goblet.

Liz was able to get one of her guides to act as an interpreter and explain to the Shaman that his drink could help save the lives of countless people in her country. This drink, with its detoxification powers, could give people a reliable way to reduce systemic (body-wide) inflammation. Every major disease known to mankind, including obesity and weight gain, has some degree of inflammation involved. After a bit of cajoling, they were able to convince the Shaman to share his secret formula.

When Liz returned to the States, she knew she must publish a book to teach others struggling with weight issues how to make this Red Tea in their own kitchen from readily available ingredients. This was how her latest book "[The Red Tea Detox](#)" was born.

Liz now spends her time teaching people how to detoxify their bodies. The Red Tea Detox is a battle plan against unhealthy fat storage. It has helped many clients to cleanse their bodies and shed those unwanted pounds. On top of that, it also speeds up metabolism while suppressing those hunger cravings that are part of all other diets.

Fans will not be disappointed with Liz's new book, "[The Red Tea Detox](#)". Reader testimonials have been phenomenal. Here's what Amanda H., age 57, from Topeka, Kansas, had to say: "I'm back in my skinny jeans! I lost 17 pounds and I'm fitting into clothes I never thought I would wear again. My husband tells me I look slender and sexy. I am very pleased with my results!"

About The Author:

Elizabeth Swann Miller, ND, has over 10 years of experience as a practicing Naturopath, specializing in healing through nutrition. She has degrees in both Psychology and Naturopathy. Her goal is to educate as many people as possible about the healing powers of food and how to easily incorporate these changes into daily life.

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