



SHELLY COOPER

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Hey guys,

My name's Shelly, I'm 29 years old and gotta tell you all about my experience with the **Red Tea Detox**.

Kinda sad to admit it, but I hadn't been in a relationship for a number of years and had slowly let the weight creep up on me. I used to make excuses about not going on dates or wanting to stay at home, saying I was too busy, blaming fatigue and other excuses. But the truth was, I was overweight, and I didn't want to confront it.

When this cute guy Steve started at my work and I started crushing on him majorly, I decided I had to take action. Looking everywhere I could for a solution, I stumbled across the **Red Tea Detox**, and figured, what the hell?

I started right away, and the first thing I noticed how easy it was to make the tea! The recipes made complete sense from the beginning and I was able to buy everything I needed for it at the local supermarket. Also, it tasted delicious! I'm used to drinking tea with a little bit of sugar, but this needed no sweeteners at all.

The other great thing is that you don't have to make any major lifestyle changes. Keep your diet, keep your schedule, just add the tea. How easy is that?

The best part though? It actually works. I mean like seriously. The first 2 weeks went so quickly, I had to do a double take when I stepped on the scales and saw that I had lost 12 pounds. 12 pounds in two weeks! I was so happy and so motivated after that to keep going, that I joined the local gym.

3 months later, and I've completely changed my life a round. I've lost 40 pounds, I'm getting fit and in the best shape I've ever been.

And the icing on the cake? My crush Steve asked me out about 6 weeks ago, and we've been inseparable ever since.

If you have any doubts, I urge you to try!

- Shelly Cooper, Raleigh, North Carolina